



道教青松小學(湖景邨) Taoist Ching Chung Primary School (Wu King Estate)

第八期

青信

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校長的話



學習不只局限於書本，到外面開開眼界，多點體驗也十分重要。因此學校每年都會安排各類的出外活動，拓闊學生的視野，豐富他們的生活經驗。繼上年度學校有首批六年級的學生遠赴美國交流，本年度學校再次獲得這難能可貴的機會，今次的交流團規模比上次大，並包括了四至六年級的學生。此外，學校又參加了由「乘風號」機構主辦的「結伴同航」訓練計劃，透過一次難得的海上活動以提升學生的自信和培養彼此支持的態度。看見那些不會游泳的學生，從高處躍入大海，勇氣真是可嘉。以上兩個活動，本期《青信》有詳細介紹，大家可細心閱讀。



英文課程

學生專心聆聽外籍老師有趣的講解

與幼稚園攜手 做好升小一銜接

為了協助區內幼稚園小朋友踏入小學階段做好準備，學校每年都會舉行一連串活動，全面照顧幼稚園學生的需要。在五、六月，學校舉辦「英語課程」及「小一模擬課程」，主要透過多元化活動，加強學生的專注、與人合作及聆聽的能力，幫助學生適應新環境和新學習模式。

本年度學校更舉辦了「第一屆幼稚園數學邀請賽」，目的是希望透過比賽，引發兒童對學習數學的興趣，啟發他們的思考和創造力，進而打穩他們的數學基礎，為將來升讀小學做好準備。比賽得到區內幼稚園踴躍支持，參賽同學分k2及k3兩組進行比賽，他們的成績理想，表現令人欣喜。

外籍老師細心指導學生



數學邀請賽



個人賽
K3組冠軍



從遊戲中學英語

小一模擬課程

齊齊設計父親節卡



音樂課上齊唱歌



團體賽K2組冠軍



Student Exchange Programme 2011/12 (HK Vs USA)

In January this year, Mr Cheng Chi Ming, Miss Luk Kit Ying and ten of our P.4 to P.6 students visited Kentucky, the U.S.A. for an exchange programme. Our students have enjoyed a lot during the exchange programme to the US. They had a great time with their host families and friends in class.

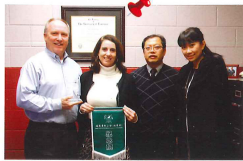
The Once-in-a-life-time Experience Mr Cheng Chi Ming

"Life was like a box of chocolates. You never know what you're gonna get." This is exactly the way how I felt for this exchange programme. This year, I went to the USA with my colleague, Emily Luk and ten students. We completed a two-week Kentucky Exchange Programme in January 2012.

Our stay in Corbin of Kentucky indeed widened our horizons. During the exchange period, we visited some historical and cultural sites and highlights. We also took part in some diversified educational programmes such as Kentucky General Assembly Visit, Kentucky Historical Museum Study Tour, Tour of Capital, Kentucky Military Heritage Museum Visit and Performance at the Southern Kentucky Chamber of Commerce. Not only did we encounter the Americans' great ardor for making friends with others, but we also explored the historical face of Kentucky. The hosting school attachment programme was very meaningful and incredible. Through the attachment to the hosting school, hosting families and all kinds of visits to the educational institutes in Corbin, not only did I learn the difference of the education system between Hong Kong and the USA, but I also understood much about the perspective of the USA government in nurturing the next generation.

Our tour was short but meaningful, tiring but exciting. We have seen, heard, experienced and learnt so much about American people, their history, heritage and culture. It was such an unforgettable and rewarding experience.

Finally, I would like to express my heartfelt gratitude to the counterparts in Kentucky and my colleague Emily Luk, who working for this Exchange program with me altogether. We explored, we laughed, we exclaimed!



4A Chan Lok Yiu (Bonnie)

During the exchange programme to the USA, my host family took me to the Cumberland Falls. It was a very large waterfall and the only one in the world with a moonbow. I was so excited to see snow because I have never seen before. We also went to the very first KFC and bought my family the Kentucky Wildcat shirts. We also went bowling and skating. The schoolmates were very friendly. We played 'Corner Four' at school. It was very funny. It was a wonderful experience for me.



4A Wong Ngo Wang (Owen)

I did a lot of interesting and funny things in the USA during the exchange programme. I watched the basketball competition, rode on the horse and played snow tubing. I had a lot of fun! It was the first time that I studied in American school. My schoolmates and the teachers were so kind to me. After school, I went swimming with my host family. I also visited a lot of places, such as the fire station, the History Museum, the Military Museum and the House of Representative. This was an exciting and unforgettable experience.



4A Tse Tsz Long (Cyrus)

During the trip to the USA, I have learnt more about American culture and how to live with the other people. My host family was very nice. They gave me a lot of presents. They took me to ski, the fire station and a supermarket. The supermarket was much bigger than Hong Kong's. There were a lot of toys, food, clothes and CDs. Sometimes, I played with the dogs. All the games were fun in the USA. The food was yummy. I always ate hamburgers. My schoolmates were nice. They liked playing basketball. So we always played it together. I also tried to play archery. It was my first time to shoot an arrow. It was so hard to shoot the target but it was very interesting.



6A Ma Hoi Ching (Michelle)

During the exchange programme, I went to the University every day. It was because my host mother is a teacher in Kentucky University. It is so big and there are many facilities. The host family also took me to the farm. We saw a lot of animals on the farm, such as horses, cows, rabbits and dogs. They were so cute and lovely. It was my first time to feed the animals. I also played bowling and the snow. Playing snow was very enjoyable!



6A Cheung Hoi Yau (Barry)

I did a lot of interesting things in the USA during the exchange programme. I went fishing with my host family in the black garden and visited the zoo. They were very funny. I had a lot of fun! I also made some new friends in the USA, such as Chris, Kite, Brenna and Luther. They were very nice. I miss them so much! This was really an interesting and exciting experience. I hope to go to the USA again!



6A Chan Ho Chung (Justin)

During the trip to the USA, I have made a lot of new friends, Matt, Cole, Sydnee and Alle. My host family took me to the playground and we stayed at the hotel for four days. We swam and played mini golf there. We had a great time! My host family was very friendly to me. At school, classmates were very friendly too. I tried to play baseball with Matt and his friends. It was exciting! We visited the farm and the supermarket. The supermarket was bigger than Hong Kong's. I also went to the ski trails. It was very cold. I did and learnt a lot of things during the exchange programme. I hope to participate in it again in the future!



6A Yiu Chi Ho (Paul)

When I arrived at the USA, my new friends came to pick me up. On the way home, he wanted to talk to me but I was so tired. It was because I couldn't sleep well on the plane. My host family was very nice to me. I ate so much yummy food. I also went shopping with them in a huge supermarket. It was very large. I have ever been to. I also played the snow with my friends. It was the first time I saw the snow. It was so exciting! It was not very cold and we played hide-and-seek. At the last day, we watched moonbow. It was very big and spectacular! It was unforgettable.



5A Ng Cheuk Lun (Jacky)

During the exchange programme, I have learnt a lot from my host family. And they took me to the Cumberland Falls and saw the moonbow at night. They also took me to collect nuts. They were so kind to me. My classmates and teachers were kind to me as well. They helped me when I was in trouble. I shared the Chinese culture with them. They enjoyed it very much. It was really unforgettable experience in my life.

5A Kwok Shuen (Annie)

I was so glad to go to America for the exchange programme. My host family was nice to me. They took me to a shopping centre and went ice-skating. I played happily with my host family. They took me to the farm too. I fed the horse. It was very interesting. I also ate a roast chicken. It was delicious!



活動花絮

局公益少年團
2012年度屯門區周年頒獎典禮
嘉賓嘉賓人知悉 網龍山莊電訊社

區幹訓同學獲頒
區際交流團代表

公益少年團卓越成績



「環保為公益」慈善清潔運動 金獎



學生大使話劇排練



教育營



創意展現



機械人設計比賽



電腦密碼
繪畫比賽



創意數學遊戲設計比賽



聽音健創意小發明：多功能安全鎖



台灣小學到訪



童軍活動



蝴蝶導賞員訓練



2011-2012 下學期校外比賽成績 (截至6-7-2012)

中文組

香港學界書法比賽2012

(香港教育專業人員協會主辦)

小學 初級組	全港季軍	2A王天毅
	全港優異	2A曾云樂
中級組	全港優異	4A陳樂瑤
高級組	全港優異	5A李瑋潔
		5A王雅潔
		6A李彥潼

「全球華人慶祝香港回歸祖國十五週年紀念」硬筆書法比賽

(國民教育中心主辦)

高小組	全港優異	5A周珮珊
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2012年度書法比賽

(屯門文藝協進會主辦)

毛筆 初小組	優異	2A王天毅
		2A馮智誠
高小組	優異	5A黃健寧
硬筆 高小組	亞軍	5A李瑋潔
	季軍	5A吳文傑
	優異	5A王雅潔

第十屆屯門區小學生散文比賽2012

(海關社主辦)

初級組	優異	3A蘇衍鋒
高級組	優異	5A黃綺雯

屯門區小學創意故事續寫大賽

(加拿大神召會嘉智中學主辦)

推薦獎	5A高曉琳
青松遊樂幼稚園三十周年校慶徵文比賽	
最佳作品獎	6A梁淑萍
優異作品獎	6A余素華
優良作品獎	6A陳潔瑛
	6A廖穎珊
	6A鄭雅維
	6A捷 克

數學組

「香港小學創意數學遊戲設計比賽

(香港教育專業人員協會主辦)

小學初級組	全港冠軍	3A黃子榮
		3A梁家富
		3A陳 璐



「華夏盃」全國數學奧林匹克總決賽2012

(中國數學教育研究會主辦)

三年級	三等獎	3A蘇衍鋒
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2012年世界奧林匹克數學競賽 (香港區) 選拔賽

(香港數學奧林匹克協會主辦)

銀獎	3A譚升嵐
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2012香港解難奧林匹克比賽

(奧林匹克教育協會主辦)

小四組	銀獎	4A陳樂瑤
小五組	銅獎	5A李瑋潔

第二十三屆全港小學數學比賽2012

(香港教育專業人員協會主辦)

個人成績 三等獎	
6A李偉光	6A陳沛洋
6A陳潔瑛	

第十九屆香港小學數學奧林匹克比賽

(香港數學奧林匹克學校主辦)

小六個人組	銅獎	6A李偉光
		6A陳沛洋
		6A陳潔瑛

第三十七屆全港青年數學比賽2012

(保良局主辦)

總成績 三等獎	6A池錦華
計算競賽 二等獎	6A姚智浩

2012「港澳杯」數學奧林匹克公開賽暨亞洲國際數學奧林匹克公開賽(香港賽區)

(香港數學奧林匹克協會主辦)

銀獎	1C石心悅
	2A伍子龍
	2A楊錦琳
	4A陳福洲
	5A李瑋潔
	5A黃慧婷
	5A王雅潔
	5A林雅詩
	6A陳潔瑛
	6A姚智浩

銅獎

1A黎子樂	1A戴敏慧
1B陳琬澄	1B蔡偉賢
1C秦子晉	1D馮琛豐
2A譚美詩	2A呂國欣
2A馮智誠	2A王天毅
2B郭超捷	2A駱映澄
3A洪嘉瀾	3A劉煥希
3A譚升嵐	3A洪博聞
3A陳 璐	3A方贊榮
3A黃子榮	3A梁家富
3B黃國臻	3B黃家穎
3C班嘉豪	4A謝梓朗
4A王采琳	5A林嘉儀
5A周珮珊	5A吳卓麟
5A高國江	5A黃健寧
5A黃綺雯	5A陳瑋瑤
5A張仁澤	6A黃智忠
6A李偉光	6A池錦華
6A陳沛洋	

第二屆屯門區「數字串串橋」比賽

(東華三院邱子田紀念中學主辦)

團體賽 亞軍	5A蘇子皓
	6A楊子晴
	6A郭林添

個人賽

季軍	5A高曉琳
優異	5A蘇子皓
	6A郭林添

深培中學四十五周年校慶盃魔力橋數字比賽2012

(深培中學主辦)

團體賽 優異	5A蘇子皓
	5A黃綺雯
	5A李瑋潔
	6A楊子晴

常識組

職安POWER全港動11/12

職安健創意小發明比賽

(香港電台、職業安全健康局、香港發明協會主辦)

小學組	全港冠軍	5B林文康
		5B鄭浩天
		5B朱俊傑



第十二屆《基本法》及區議會常規網上問答比賽

(中山大學法律系香港同學會主辦)

小學組 全港優異 6A葉淑萍

「金龍盃」屯門及元朗區小學常識問答比賽

(妙法寺劉金龍中學主辦)

優異獎	5A王雅潔
	5A高曉琳
	5A李瑋潔

新校及健康餐單設計比賽

(香港教育城主辦)

季軍	4A范鈞然
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音樂組

第六十四屆香港學校音樂節比賽

(香港學校音樂及朗誦協會主辦)

初級組節奏樂 榮譽獎狀(新界西區冠軍)

二級鋼琴獨奏 優良獎狀(冠軍) 3A劉煥希

高級組英文歌曲 優良獎狀 高級組合唱團

五級小提琴獨奏 優良獎狀 5A何子澄

五級小提琴獨奏 優良獎狀 5A王雅潔

二級小提琴獨奏 優良獎狀 2A王天毅

五級鋼琴獨奏 優良獎狀 5A吳卓麟

五級鋼琴獨奏 優良獎狀 3A蘇衍鋒

四級鋼琴獨奏 優良獎狀 6A李彥潼

三級鋼琴獨奏 優良獎狀 4A陳樂瑤

二級鋼琴獨奏 優良獎狀 4A王采琳

優良獎狀 3A黃子榮

優良獎狀 2A呂國欣

良好獎狀 5B謝泳賢

木笛二重奏 5B陶綺婷

第七屆香港校際手鈴比賽

(香港手鈴藝術協會主辦)

手鐘 小學初二級組 優異獎狀

5A何子澄 5A林嘉儀 5A黃健寧

5A黃慧婷 6A巫綺琳 6A馬凱晴

6A李彥潼 6A廖穎琛 6A楊子晴

6A陳潔瑛 6A池錦華 6A謝素茹

6A余素華

體育組

五人足球邀請賽

(深培中學主辦)

殿軍	5B朱俊傑
	5C陳卓森
	5C李兆基
	6A張希佑
	6A曾慶輝
	6B吳翰庭

小學四人足球賽

(新會商會中學主辦)

季軍	5A陳卓森
	5B朱俊傑
	5B鄭浩天
	5C陳卓森
	5C李兆基
	6A張希佑

第三屆蔡章鵬盃小學三人籃球挑戰賽

(廠商會蔡章鵬中學主辦)

亞軍 6A李球立 6A駱永輝 6A劉冠廷

6B林國倫 6C梁永源

「三分神射手」獎 6A駱永輝

「最有價值球員」(MVP) 6B林國倫

「信、望、愛」小學三人籃球挑戰賽

(2012)

(加拿大神召會嘉智中學主辦)

殿軍 6A李球立 6A駱永輝 6A劉冠廷

6B林國倫 6C梁永源

視覺藝術組

「創意悅讀在屯元」

(仁濟醫院第二中學主辦)

小學書畫設計比賽 優異獎 4A譚培筠

6A謝素茹

6A李彥潼

「青松遊樂幼稚園三十周年填色創作比賽」

最佳作品獎 1A戴敏慧

優異作品獎 3A蘇衍鋒

優良作品獎 1A周穎琳 3A洪博聞

圖書組

「創意悅讀在屯元」

(仁濟醫院第二中學主辦)

小學閱讀報告比賽 優異獎 6A陳潔瑛

資訊科技組

數碼媒體由我創2012

(創意動力教育協會主辦)

數碼繪畫小學組 全港冠軍 6A張靖詩

智能機械由我創LEGO機械人設計比賽

(創意動力教育協會主辦)

全港一等獎 6A陳雲龍 6A梁耀新

6A姚智浩 6A張希佑



全港小學電腦「數」描大賽

(天主教石鐘山紀念小學主辦)

註：「數」為數碼的意思

全港殿軍 6A張靖詩

銀獎 5A黃慧婷

「香港情懷」數碼攝影比賽

(道慈佛社楊日霖紀念學校主辦)

優異獎 5A吳卓麟 5B高文希

5B謝泳賢

活動組

教育局公益少年團屯門區週年頒獎禮

(公益少年團屯門區委員會主辦)

獲選為本年度傑出團員、星馬交流團代表之一

6A巫綺琳

「功績榮譽獎勵計劃」

優異服務獎 黎鳳儀老師

公益少年團

高級獎章 6A陳潔瑛 6A巫綺琳

中級獎章 5A周珮珊 6A馬凱晴

6A謝素茹 6A葉淑萍

6A廖穎琛 6A鄧雅嫻

6A楊子晴 6B劉嘉怡

6B黃穎欣 6C徐兆鑫

6C黃兆冰

「環保為公益」慈善清潔活動 (小學組)

全獎

「環保為公益」慈善花卉義賣 (小學組)

優異獎

「導師進道好少年」選舉

初小組 2A楊絲琳

高小組 6A池錦華

學生支援組

2011年度「關懷校園」獎勵計劃

(香港基督教服務處主辦)

第七次成為獲獎學校

第十二屆明日領袖高峰論壇暨明日領袖獎頒獎禮

(傑出青年協會主辦)

2012明日領袖獎 6A余素華

「成功有約」屯門區小學生獎勵計劃

(屯門民政事務處主辦)

5A高曉琳 5B謝泳賢 6A余素華

6B黃穎欣 6C周寶惠

其他

屯門盆景菊花展覽2012暨

慶祝回歸十五周年 (青松觀主辦)

小學組 錦冠軍

環境盆栽組 (小學組)

冠軍 4A譚培筠 1D譚展豐

季軍 4A范鈞然

優異 3A蘇衍鋒

時花/綠葉/蔬果組 (小學組)

冠軍 本校

季軍 本校

盆景組 (小學組) 優異 本校

第三十一屆全港公開藝術群英會2012

(康樂及文化事務署主辦)

男子小童組長器械

優異獎 5B高文希

男子小童A組套拳

二等獎 5B高文希

男子小童B組套拳

優異獎 3B陳肇聰

第六屆嶺南盃兒童及青少年跆拳道套拳/搏擊邀請賽

(國際跆拳道香港總會主辦)

優異獎 2A楊念詒

全港校際體操比賽

(香港學界體育聯合會主辦)

男子組自由體操 小學新秀組

優異獎 3B陳肇聰

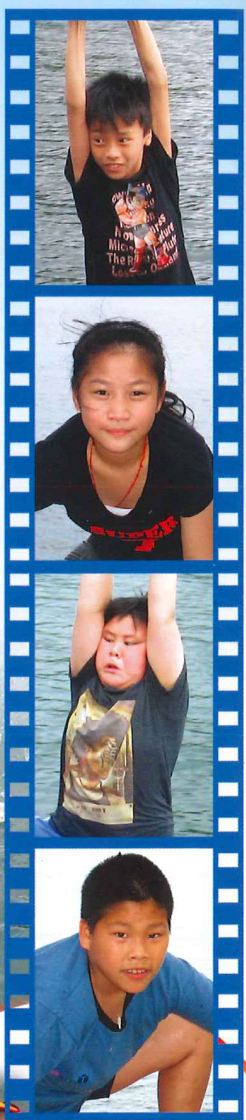


乘風航

「結伴同航」訓練計劃

為了促進同學間的合作和讓他們學習彼此接納和支持，共建關懷校園，學校參加了乘風航「結伴同航」訓練計劃。

活動分為三部分：航前工作坊、海上活動及航後工作坊。航前工作坊讓同學彼此了解，學習互相欣賞和補足，以及調節心理狀態，準備迎接船上的挑戰；海上活動是讓同學接受一連串海上歷奇訓練活動，以提升他們面對困難的能力，從而增強自信；航後工作坊在於鞏固及延續同學在船上的訓練成果，讓他們更能認識自我及提升對他人的了解及接納能力，以達致建立關懷校園的理想。



看見茫茫大海，心情十分緊張。當跳下海一剎那，腦袋裏空白一片，害怕極了。掉進海裏時，涼快無比，十分雀躍。回家告訴家人這天的經歷，他們都說我的勇氣可嘉。

學生感想

我和張希佑是一對好朋友，從來不吵架。參加乘風航後，不但增進了友誼，還大大提升默契，現在我們已是形影不離的好伙伴。

乘風航導師告訴我們：要勇於嘗試，不要給自己藉口。在這次活動中，我和伙伴發現彼此的強項和弱點，大家互相鼓勵，結果能順暢地完成每一環節，令我們有一個快樂而難忘的回憶。

在浮動的「彩龍」浮泡上走動，真是一步一驚心。幸好得乘風航的導師鼓勵，勇往直前，結果我是全組最快到達目標。

